Zucchini Noodle Salad Recipe

Yield: 6 cups

Ingredients

4 zucchini, ends removed
1 cup sungold cherry tomatoes, cut in half
1 cup black beans
1/4 cup salsa
1/4 cup olive oil
1/4 cup feta cheese, crumbled

Instructions for Adults

Set up spiralizer with narrow blade to create thin noodles.

Instructions for Kids

- Use a knife to cut ends off zucchini. Set aside.
- Slice cherry tomatoes in half. Set aside.
- With the help of an adult, fit one zucchini onto prongs of spiralizer. Turn crank of the spiralizer to create zucchini noodles. Repeat with each zucchini.
- Place all zucchini noodles in a bowl. Add cherry tomatoes, black beans, olive oil, and salsa. Top with feta cheese.