



## 2022 Fall Program Internship

Rates of food and nutrition insecurity are rising. At Food Literacy Center, we combine immediate food assistance with resilience skill-building, and we haven't let the crisis stop us. We're working with Title 1 elementary schools in Sacramento that include healthy recipe ingredients that students can cook at home with our STEM-based curriculum.

Food Literacy Center is searching for interns to support our mission by increasing access to fresh and healthy foods to students and their families.

### Term, Hours, and Program Length

Food Literacy Program Interns must be able to commit to:

12-15 Hours a week

TERM: fall

PROGRAM LENGTH: 5 Months (September 1st- December 16th )

HOURS: 150-200 Hours Total

### Position Description Summary & Activities:

You will be assisting one or more staff and providing access to healthy food in the community. As a Food Literacy Program Intern, you'll engage and gain experience in the following activities:

- Recipe kit Preparation: assemble ingredients into kits for students and families.
- On-site classes: You will be assisting staff at school sites working with students directly through our afterschool program, garden classes or cooking classes.
- Volunteer outreach: Assist the volunteer coordinator with scheduling volunteers and tracking volunteer hours.
- Assist in program community projects.
- Community Outreach: Weekly evening events at farmers markets.
- Complete Food Handler Certification

### Minimum Qualifications:

- Must be 18 years or older
- Complete fingerprinting and pass a 3-tier background check (State, FBI, Sex Offender)
- Complete TB testing
- Adhere to organization's COVID Policy and use PPE at all times.
- We require all staff and interns to be fully vaccinated ( COVID-19 vaccine)
- Able to commit for the whole term
- Have your own reliable transportation. You will be traveling to different sites on a weekly basis and transporting materials in your car.
- Must be able to complete food handler certification. (bonus if you already have one)
- Strong interest or experience in youth, nutrition, cooking, or community health
- Ability to work in a team environment, while being able to work independently

**Bonus Points:**

- Experience with or desire to work with underserved and diverse audiences
- Experience in the food or food access industries
- Basic knowledge of nutrition
- Strong communication skills
- Ability to work as a team with adult leaders
- Ability to work independently as leader of a small group (consisting of children and their parents)
- Ability to multi-task and take initiative when necessary
- Capable of maintaining a joyful personality, even in times of stress

**Dates:**

- July 31st, by 5:00 PM: Application deadline
- August 1-12: Evaluate & Interview
- September 2nd: 9:30-12:00: Orientation & Onboarding
- End date: December 21

**What you can expect from the internship:**

- Training in safe food handling
- Hands on teaching experience working with K-6th grade students
- Experience in community nutrition
- Regular feedback to help you improve
- Reimbursement up to \$92 for fingerprinting costs after completing entire internship if using our recommended vendor
- Reimbursement up to \$15 for online food handler certificate via recommended vendors

**Please note:** This is an unpaid internship.

**Apply now!**

Join the broccoli best team ever by filling out our [Internship Application](#)

If you are experiencing difficulties filling out the form, please contact us at: [info@foodliteracycenter.org](mailto:info@foodliteracycenter.org).