



# List of Supplies Needed

## Soba Noodle Salad

### General

- Recipe

### Cooking

- Mixing bowl
- Tongs
- Grater
- Cutting board or cutting mat

### Food & Produce

- Soba noodles
- Zucchini
- Cucumber
- Green onion
- Cilantro
- Carrot
- Cabbage

Find detailed lesson plans, printable recipes & more at:

[foodliteracycenter.org/recipes](https://www.foodliteracycenter.org/recipes)

- Plastic or butter knife
- Measuring cups & measuring spoons
- Zester or microplane
- Food chopper
- Jar with lid

### Sesame Lime Dressing

- Garlic
- Sesame oil
- Rice vinegar
- Soy sauce
- Honey
- Lime

