



List of Supplies Needed

Seasonal Fruit Salad Recipe

General

- Recipe

Find detailed lesson plans, printable recipes & more at:

[foodliteracycenter.org/recipes](https://www.foodliteracycenter.org/recipes)

Cooking

- Cutting mat/board
- Plastic/butter knife
- Measuring cups & spoons
- Grater
- Food chopper (optional)
- Medium bowl
- Wooden spoon

Food & Produce

- Persimmon
- Carrot
- Apple
- Orange
- Raisins
- Walnuts (optional)
- Cilantro
- Apple cider
- Clover honey

