List of Supplies Needed

Cucumber Dill Salad Recipe

Food & Produce

- Persian cucumbers
- Red onion
- Dill (fresh or dried)
- Fresh mint
- Sesame seeds

Cooking

- Cutting board / cutting mat
- Plastic or butter knife
- Measuring spoons & measuring cups

General

- Recipe

Find detailed lesson plans, printable recipes & more at:
foodliteracycenter.org/recipes

Cooking

- Box grater
- Large mixing bowl
- Medium stockpot

Food & Produce

- Salt & pepper
- Distilled white vinegar
- Water
- Sugar