



at Food Literacy Center

SNACKS

PERUVIAN GREEN DIP \$5

A creamy blend of lettuce, cilantro, and jalapeno. Served with tortilla chips and veggie sticks. ⑤ 🌶️

BEET HUMMUS DIP \$5

Creamy dip of purple beets, lemon, and sesame. Served with veggie slices and tortilla chips. ⑤

SUNBUTTER & APPLE SLICES \$5

Homemade spread of sunflower seeds and brown sugar. Served with apple slices. ⑤

MAIN

SUNBUTTER & FRUIT SANDWICH half \$6, full \$12

Substitute for Gluten Free Bread for \$3+
Homemade sunbutter, whole grain wheat bread, and seasonal fruit slices. Served open-faced. ⑤

HUMMUS SANDWICH half \$6, full \$12

Substitute for Gluten Free Bread for \$3+
Beet hummus, roasted seasonal veggies, and seeds on whole grain bread. Served open-faced. ⑤

BEVERAGES

HIBISCUS REFRESHER cup \$4, carafe \$16

Freshly brewed hibiscus and mint

TOPO CHICO

Sparkling mineral water \$3

