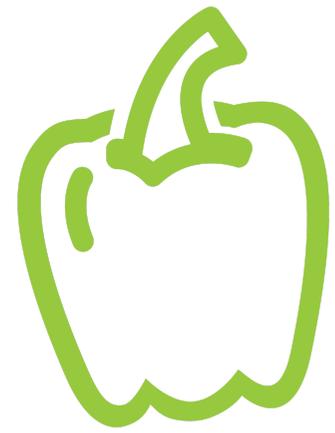


Persimmon Pomegranate Salad Recipe



Yield: 2 cups

Ingredients

2 small carrots, or 1 cup, grated
1 jalapeño, finely diced
1 Fuyu persimmon, finely diced
1/2 cup cilantro, chopped
3 Tablespoons pomegranate seeds
1 Tablespoon lime juice
Pinch cinnamon

Instructions for Adults

Assist with supervision of safe knife skills.

Instructions for Kids

- Use a box grater to grate the carrots.
- Dice the jalapeno and persimmon.
- Tear the cilantro with your hands into small pieces.
- Slice open the pomegranate. Use your hands to wiggle the pomegranate seeds (like a loose tooth) to remove from the inside of the fruit.
- Cut the lime in half. Squeeze the lime and measure 1 Tablespoon of juice.
- Place all the ingredients in a small bowl and stir to combine. Serve and enjoy!

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