Noodle Soup Recipe
Yield: 10 servings of 2 cups

Ingredients
6 quarts water
1 onion, peeled and halved
4 stalks lemongrass
4-inch piece of ginger, unpeeled
2 carrots, cut in half
1 cup dried mushrooms
1 Pho Soup Spice Packet
10 packages dried ramen or rice noodles
3 teaspoons soy sauce

Possible Garnishes
Green onion
Shredded carrot
Cilantro
Bean sprouts
Basil

Instructions for Adults
• In an 8-quart stock pot, bring water to a boil. Control heat and tend to the pot. Assist kids with stirring the pot.
• Place onion, lemongrass, and ginger in a dry pan over medium-high heat to char for 2-3 minutes per side or until golden brown on all sides.
• In a smaller pot, bring water to a boil. Open ramen packages, discard seasoning packet and place noodles in the pot. Let it boil and wait for noodles to soften up. Using a strainer, drain water over the sink and sit it in cold water until ready to serve.

Instructions for Kids
• Add charred onion, lemongrass, ginger to the pot of boiling water along with the dried mushrooms and carrots. Add the spice packet. Return to a boil, reduce heat and simmer for 30-45 minutes, stirring occasionally. Using a slotted spoon, scoop out and discard the spice packet and vegetables from the broth. Add the soy sauce to taste.
• Using a set of tongs, place 1 cup of cooked ramen noodles in a serving bowl. Ladle 2 cups of broth over the noodles. Add any garnish you desire. Serve and enjoy!
• Leftover broth can be refrigerated in an airtight container for a week or frozen for a month.

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Pho Soup Spice Packet Recipe

Yield: 1 packet makes 5 quarts broth when added to water

Ingredients
1 Tablespoon whole cloves
2 black cardamom pods
2 star anise pods
1 cinnamon stick
6 pieces of licorice bark
1 teaspoon fennel seed

Supplies
Tea bag or cheesecloth
Kitchen twine

Instructions for Adults
Assist where needed.

Instructions for Kids
• Combine all of the ingredients in a small bowl.
• Stir to combine.
• Place spice mixture in a tea bag or piece of cheesecloth and tie shut with kitchen twine.
• Store in a cool, dry place. The seasoning will keep for several weeks.