List of Supplies Needed
Lesson 5: Oatmeal

General
☐ Lesson plan
☐ Sugar worksheet
☐ Recipe

Cooking
☐ Aprons
☐ Kettle to boil water
☐ Mixing bowl
☐ Serving bowl
☐ Metal spoon
☐ Measuring cups
☐ Cutting mat or cutting board
☐ Plastic kid knife or butter knife

Food & Produce
☐ Oatmeal
☐ Seasonal fruit
☐ Cinnamon
☐ Honey

Find detailed lesson plans, printable recipes & more at:
foodliteracycenter.org/lesson5