FOR IMMEDIATE RELEASE CONTACT: Sidney Burt 916-541-2396 December 9, 2019

Kids Holiday Farmers Market hosted by Food Literacy Center Students Practice Food Literacy Over Winter Break

Sacramento, CA – The Kids Holiday Farmers Market, hosted by Food Literacy Center, will take place on Monday, December 16 at 2:30 p.m. at an elementary school in Sacramento City Unified School District. The Holiday Farmers Market, in partnership with Nugget Markets, Kaiser Permanente, and LIBERTY Dental Plan will offer Food Literacy Center students the chance to take home an assortment of fresh fruits and vegetables for the winter break.

This year, the Kids Holiday Farmers Market will focus on winter veggies to mirror the classroom curriculum where food insecure students are making Rainbow Soup made with six veggies. Each student will be sent home with a soup spice packet donated by the Allspicery and can choose all the veggies they would like to make the recipe at home over break with their parents.

Join Us!

<u>Follow along on Instagram</u> or <u>watch our Facebook Live feed</u> on during the event, December 16, at 3:30 p.m. to experience the joy right along with our kids as they shop for their favorite fruits and vegetables.

Fund a Student

You can provide 14-weeks of FREE food literacy class to one student for just \$15.50/month. **Donate** now!

ABOUT FOOD LITERACY CENTER

Food Literacy Center is a nonprofit 501(c)(3) established in 2011 in Sacramento, California, with the mission of inspiring kids to eat their vegetables. The organization provides children in low-income elementary schools at 8 schools throughout the Sacramento City Unified School District that teaches cooking and nutrition to improve health, economy and the environment. For more information about Food Literacy Center, visit http://www.foodliteracycenter.org/.

