

Annual Report 2022

Our mission is to inspire kids to eat their vegetables. We teach children

Our mission is to inspire kids to eat their vegetables. We teach children in low-income elementary schools cooking, nutrition, gardening, and active play to improve lifelong wellness.



CEO Letter

Three cherry cheers for the successful completion of our first school year in our new cooking

school! We doubled the number of students served, reaching our largest number of schools to date: 19 schools and 2,001 kids. The new facility provides much-needed capacity to expand, while the community's generosity has allowed us to hire more educators.

Our growth right now is critical. Rates of food and nutrition insecurity have tripled in households with kids. Our program is the most requested after school program. We can't keep up with demand, but are working hard to do so with your help.

I am proud of our follow-through on commitments to the community. Every student at Leataata Floyd Elementary School received 10 weeks of both garden science and cooking health curriculum. This addition of daytime education demonstrates the strength of our existing afterschool curriculum to meet the STEM needs of our students.

Our expansion will be sustained thanks to key relationships developed over the years. Sutter Health's \$500,000 gift over two years and Congresswoman Matsui's federal grant over three years are a bright example of community leaders standing shoulder to shoulder with us to reach more children from our new center.

When Food Literacy Center raises more money, we do more good! Thank you to each of you who has helped us grow from a small, grassroots organization to a flourishing center for our community.

2022 BOARD OF DIRECTORS

Amber K. Stott, Founder & CEO, Food Literacy Center Anna Rosenbaum, UC Davis Health Ellen Brown, UC Davis Health Felicia James, Carollo Engineers, Inc. Betty Low, SMUD Erica Holland, EraeHolland

FLOYD FARMS COMMITTEE

Foundation on the Environment and the Economy Chair **Jay Thomas**, Thomas Ferrous

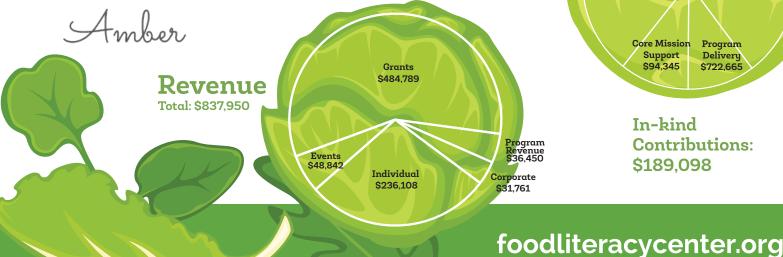
Jay Hansen, Committee Chair, California

Andrea Thompson, World Food Center (UC Davis)

BROCCOLI BRAIN TRUST

Elise Bauer, Founder, Simply Recipes Nicole Rogers, GriffJack Margo Fowkes, On Target Consulting Diana Flores, SCUSD Nutrition Services Josh Nelson, Selland Family Restaurants Greg Lucas, California State Library







Inspiring Food Adventurers

In the 2022-2023 school year, we accomplished the following:

- · Opened our new cooking school
- 2,001 K-6th students in Title 1 schools enrolled and received free hands-on cooking & nutrition classes
- 258 Leataata Floyd students received 10-weeks of hands-on garden education classes
- 258 Leataata Floyd students received 10-weeks of hands-on cooking classes in our new cooking school
- 8,130 meals were delivered through take-home Veggie STEM Recipe Kits
- 5,022 pounds of produce distributed to the Sacramento City Unified and Robla School districts to combat food and nutrition insecurity
- 80-100% of students on free or reduced lunch programs

Caroline Wenzel

Camellia

Ethel Philips

Oak Ridge

Welcomed 102 volunteers and interns. They served:

THANK YOU volunteers!



93% fearlessly tasted a new fruit or vegetable each week as Produce of the Day

Susan B Anthony

NIB

Pacific

82% learned to eat a fruit or veggie with every snack & meal

VEGGIE OF THE YEAR

Radish, Yolanda Marculescu, Food Truck Multi-Site Supervisor-Central Kitchen, Sacramento City Unified School District

Mushroom, Santana Diaz, Executive Chef and Jet Aquirre,

Executive Sous Chef - UC Davis Health - People's Choice!

Collard Greens, Ed Rhoer, Executive Chef, Magpie Cafe

Cauliflower, David Edgar, Culinary Manager, Vacaville Unified School District

Squash, Adrian Day-Murchison, Product Development Chef, Calavo Growers Inc.







JAIRON'S STORY

Jairon is a 6th grader from Cesar Chavez Elementary in our after school cooking and nutrition class. Jairon never wanted to miss a lesson.

Q: What do you like most about food literacy classes? Jairon: I really like that I can try new things and it's really fun being here. I like the food we make and will even make it with my family at home.

Q: What has been your favorite recipe we've made? Jairon: Salad. That was the best. I like the dressing we used. It was really good. And I liked that we learned that fruits have seeds. That was cool.

Q: Do you have a favorite fruit or vegetable now? Jairon: I like them all now and I liked that we had new ones to try before we cooked. That was fun! I got to try new foods that I wouldn't have ever tried before. I really liked that.

Q: Anything else you want to share about Food Literacy? Jairon: It was super fun and I just really liked everyone who taught us and the food we made. It was also cool that I can take home recipes so I can make some of this food with my family. They really like it too. Food literacy class was definitely my favorite part of the week.

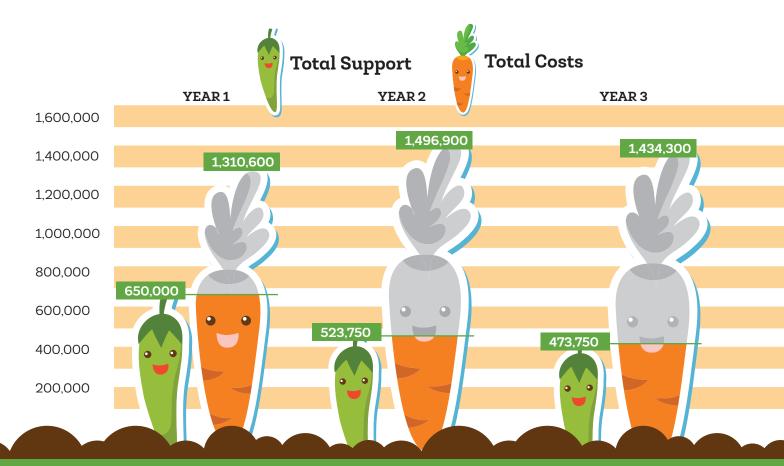


3 YEAR PROGRAM GROWTH GOALS

Demand for our program is at an all-time high. We are growing at an intentional and sustained pace to meet the increased needs of our kids and families.

Planned Costs	Year 1	Year 2	Year 3	Total
Farm Construction & Equipment	100,000	250,000	150,000	500,000
Direct Program Delivery	929,300	957,200	985,900	2,872,400
Program Support & Sustainability	184,700	190,200	195,900	570,800
Other Operating & Occupancy Costs	96,600	99,500	102,500	298,600
Total Costs	1,310,600	1,496,900	1,434,300	4,241,800

Pledged Support - A combination of government, corporate, and personal contributions						
Sutter Health	500,000			500,000		
Assemblymember McCarty Grant		123,750	123,750	247,500		
Congresswoman Matsui Grant		350,000	350,000	700,000		
USDA Farm to School Grant	100,000			100,000		
Other Support	50,000	50,000		100,000		
Total Support	650,000	523,750	473,750	1,647,500		
	50%	35%	33%	39%		
Remaining Need	660,600	973,150	960,550	2,594,300		
	50%	65%	67%	61%		



2022-23 Accomplishments Worth Celery-brating!

Objectives for 2023-24 School Year

Reached 2,001 students by doubling our programs during our first school year in our new facility!

Complete farm construction: greenhouse, fruit trees, and more!

Helped save the Oak Park Farmers Market! (Story below.)

Expand schools: we're the most-requested afterschool program. Demand is high!

Secured key multi-year funds to support sustained growth during this time of high-demand for our programs.

Expand Kids Farmers Markets: one of our most popular programs, ready to reach more children!





Governor's wife and First
Partner Jennifer Newsom
visited our new classroom
as part of her commitment
to California Farm to
School programs.

Saving Oak Park Farmers Market

The Oak Park Farmers Market formed in 2010 to fill a need in a Sacramento food desert. Last year, its nonprofit host closed the market. Joany Titherington, the market founder and an Oak Park resident, tirelessly raised funding to reopen the market through government grants and the support of local leaders. With funding secured, the market program needed a nonprofit home.

In May 2023, Food Literacy Center brought the Oak Park Farmers Market on as a program, hiring Joany and her team, and helping save a beloved community resource that serves our students and families.

Visit the market every Saturday through November from 9am to 1pm at McClatchy Park in Oak Park!





Did you know?

In 2020, our pandemic pivot replaced our in-person cooking classes with take-home STEM recipe kits. When schools reopened in 2021, we suspended this service to return to classrooms. But parents went to school principals begging for the return of our fresh vegetable kits. Requests were so high that we brought this program back, unfunded, almost immediately. This year we passed out 50-75 kits at a different school each week. Each kit serves a family of four. Demand is high! The average distribution time: 8 minutes!



Y like science, so food and chemicals have great names. I'm a meat eater but, I eat more vegetables because of this program."

- Ace, 2nd grade

TOP FUNDERS

























2022 FUNDERS

We rely on supporters like you to bring free food literacy classes to more kids! Thanks to the following donors who supported Food Literacy Center between January 1, 2022 and December 31, 2022.

\$500,000+

Sutter Health

\$100.000 to \$499.000

Farm to School grant, Sacramento City Unified School District

\$20.000 to \$49.999

Sacramento Region Community Foundation

Safeway-Vons Foundation, The Albertsons Companies Foundation

The Setzer Foundation

FNL Foundation

Ralph and Marla Anderson

Family Fund

The Mill at Broadway, Northwest

Land Park, LLC

American Leadership Forum,

Mountain Valley Chapter

City of Sacramento

Alchemist Community Development

Corp. (USDA)

Margaret Deterding Fund of the

Sacramento Region Community

Foundation

UC Davis Health

\$10,000 to \$19,999

Raley's Family of Fine Stores

Robla School District

Berryessa, Castro, Lordge Family Fund, Silicon Valley Community Foundation

The Sprouts Healthy Communities

Foundation

Trinity Cathedral Church

Blue Diamond Growers

Dignity Health

National Philanthropic Trust

Whole Foods Market

\$5,000 to \$9,999

County of Sacramento, County Supervisor

Patrick Kennedy

Mechanics Bank

Facebook

Teff Yee

Kelly Foundation

LPL Financial

Lyon Cares Foundation

Nancy Mallory

Katrina and Joshua Nelson

Nugget Markets

Denise and Donald Timmons

Sierra Health Foundation

\$2.500 to \$4.999

Fidelity Charitable

Paypal

Bridget & Jeff Levich

Benevity, Inc.

Downtown Railyards Venture, LLC

First Northern Bank

Kim Gallagher

Peter & Karen Holmes

Teichert Foundation

The Richard & Kathleen Zacky

Family Foundation

Elise Bauer

Amber Stott & Brendan Belby

Natasha & Andrew Baker

United Way California Capital Region

\$1.000 to \$2.499

Ameriprise Financial

Karen Andrews

Karen Bersche

Charlottesville Area Community Foundation

Dorothy Cousins

Dwayne & Susan Covey

Carole & Bob DELL'Agostino

Amy Dieter

Kathryn & Robert Elsaesser

Enterprise Holdings Foundation

FleishmanHillard

Golden 1 Credit Union

Green Acres Nursery & Supply

Jay Hansen

Laura Jenkins

Barry & Lynda Keller

Nicole & Dan Rogers

Rotary Club of Sacramento Foundation

SMUD, Sacramento Municipal Utilities District

Sacramento Perennial Plant Club

Frans DeBry Fund Sacramento Region

Community Foundation

Elizabeth Salmi

Maria Sperber

Kathleen Stack

Andrea Thompson

Women Lawyers of Sacramento Foundation

Steve Chiaramonte

Ellen Brown

Felicia James

Tawney Lambert

Anna Rosenbaum

Martin Steiner