



Program Internship

Rates of food and nutrition insecurity are rising. At Food Literacy Center, we combine immediate food assistance with resilience skill-building, and we haven't let the crisis stop us. We're distributing Veggie STEM Boxes at elementary schools in Sacramento that include healthy recipe ingredients for 4 that students can cook at home with our STEM-based curriculum.

Food Literacy Center is searching for interns to support our mission by increasing access to fresh and healthy foods to students and their families.

Term, Hours, and Program Length

Food Literacy Program Interns must be able to commit to:

8-10 Hours a week

TERM: Spring 2021

PROGRAM LENGTH: 5 Months (February-June)

HOURS: 160-200 Hours Total (10 hours/week)

Position Description Summary & Activities:

You will be assisting one or more staff and providing access to healthy food in the community. As a Food Literacy Program Intern, you'll engage and gain experience in the following activities:

- Recipe Kit Preparation: assemble ingredients into kits for students and families.
- On-site distributions: You will be assisting staff by safely distributing recipe kits at school sites to students and families.
- Volunteer outreach: Assist the volunteer coordinator with scheduling volunteers and tracking volunteer hours.
- Occasional evening events at farmers markets.
- Complete Food Handler Certification

Minimum Qualifications:

- Must be 18 years or older
- Complete fingerprinting and pass a 3-tier background check (State, FBI, Sex Offender)
- Adhere to organization's Social Distancing Policy and use PPE at all times.
- Able to commit for the whole session (Fall, Spring, or Summer)
- Have your own reliable transportation
- Must be able to complete food handler certification. (bonus if you already have one)
- Strong interest or experience in youth, nutrition, cooking, or community health
- Ability to work in a team environment, while being able to work independently

Bonus Points:

- Experience with or desire to work with underserved and diverse audiences

- Experience in the food or food access industries
- Basic knowledge of nutrition
- Strong communication skills
- Ability to work as a team with adult leaders
- Ability to work independently as leader of a small group (consisting of children and their parents)
- Ability to multi-task and take initiative when necessary
- Capable of maintaining a joyful personality, even in times of stress

Dates:

- January 24: Application deadline
- January 25-January 28th: Evaluate & Interview
- February 1st 9:30-11:30: Orientation & Onboarding (on Zoom)
- First Week of February: Start
- Last Week of June: End

What you can expect from the internship:

- Training in safe food handling
- Experience in community nutrition
- Regular feedback to help you improve
- Reimbursement for fingerprinting costs after completing entire internship if using our recommended vendor
- Reimbursement for online food handler certificate via recommended vendors

Please note: this is an unpaid internship.

Apply now!

Join the broccoli best team ever by filling out our [Internship Application](#)

If you are experiencing difficulties filling out the form, please contact us at:
info@foodliteracycenter.org.