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**CONTACT: Jaime Wilson**

**(916) 524-2149**

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***Food Literacy Center Awarded Grants from The California Endowment, Sierra Health Foundation, and Others to Continue the Education of Underserved Youth in Sacramento Region***

[Sacramento, CA] (AUGUST 26, 2019) – Food Literacy Center is honored to be chosen as the recipient of grant funding from The California Endowment, Sierra Health Foundation, Kaiser Permanente, Rabobank, N.A., TEGNA Foundation, and the Safeway Foundation. Since 2011, Food Literacy Center has committed to making a difference in the Sacramento community through food literacy education.

The Food Literacy Center mission is simple: inspire kids to eat their vegetables. Founder Amber Stott knows that food literacy is vital to building and maintaining healthy kids in underserved elementary schools. “We are grateful to receive grants from The California Endowment, Sierra Health Foundation, Kaiser Permanente, Rabobank, N.A., TEGNA Foundation, and Safeway Foundation, and cannot wait to put the funding into action in our programs,” says Stott. “Organizations like these are vital to our mission and essential to the betterment of the Sacramento community.” By teaching elementary students at low-income schools about cooking and nutrition, Food Literacy Center paves the way to improved health, environment and economy.

These organizations are dedicated to improving kids’ wellness education, health, food literacy and overall well-being, and Food Literacy Center looks forward to improving the health of local children with their support.

With 40% of Sacramento kids struggling with obesity and 1 in 3 kids suffering from type 2 diabetes, Food Literacy Center’s continued work is essential to the Sacramento community. Food Literacy Center’s work is made possible by organizations like Sierra Health Foundation and Rabobank. To learn more about Food Literacy Center and opportunities to get involved with their mission, visit [www.foodliteracycenter.org](http://www.foodliteracycenter.org).

**ABOUT FOOD LITERACY CENTER**

Food Literacy Center is a nonprofit 501(c)(3) established in 2011 in Sacramento, California, with the mission of inspiring kids to eat their vegetables. The organization provides elementary children at low-income schools with after school programming at 16 schools throughout the Sacramento City Unified School District. They teach cooking and nutrition to improve health, economy and the environment. For more information about Food Literacy Center, visit [www.foodliteracycenter.org](http://www.foodliteracycenter.org).