



List of Supplies Needed

Homemade Vegetable Broth Recipe

General

- Recipe

Find detailed lesson plans, printable recipes & more at:

[foodliteracycenter.org/recipes](https://www.foodliteracycenter.org/recipes)

Cooking

- Cutting mat/board
- Plastic/butter knife
- Measuring cups
- Large bowl
- Large soup pot
- Wooden spoon
- Slotted spoon or sieve
- Pot lid

Food & Produce

- Water
- Carrot
- Onion
- Celery
- Olive oil
- Salt
- Optional vegetables:
mushrooms, potatoes or
potato skins, cabbage
- Optional add-ins: cloves
garlic, bay leaves, herbs,
tomato paste

