



# List of Supplies Needed

## Thai Pumpkin Curry Recipe

### General

- Recipe

### Cooking

- Measuring cups & spoons
- Cutting mat/board
- Plastic/butter knife
- Baking sheet
- Basting brush
- Can opener
- Scissors
- Foil
- Pot/rice cooker
- Wooden spoon
- Metal spoon
- Oven
- Stove top
- Large wok or deep fry pan

### Food & Produce

- Squashes or pumpkins
- Olive oil
- Jasmine Rice
- Thai red curry paste
- Light coconut milk
- Thai bird's eye chilies or cayenne pepper (optional)
- Fish sauce
- Raw sugar
- French beans
- Bell pepper
- Yellow onion
- Cilantro
- Basil leaves

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[foodliteracycenter.org/recipes](https://www.foodliteracycenter.org/recipes)

