



# List of Supplies Needed

## Veggie of the Year Rice Salad Recipe

### General

- Recipe

Find detailed lesson plans, printable recipes & more at:

[foodliteracycenter.org/recipes](https://www.foodliteracycenter.org/recipes)

### Cooking

- Large pot
- Tongs
- Paper towel
- Cutting mat/board
- Plastic/butter knife
- Measuring cups & spoons
- Large bowl
- Wooden spoon
- Small jar with lid

### Food & Produce

#### Rice Salad

- Cooked brown rice
- Bok choy
- Collard greens
- Broccoli
- Mushrooms
- Avocado

#### Honey Soy Dressing

- Canola oil
- Sesame oil
- Rice vinegar
- Soy sauce
- Honey

