



Peruvian Green Dip Recipe

Yield: 2 cups sauce

Ingredients

- 1 jalapeño pepper, quartered and stem removed
- 1 clove garlic, peeled
- 1/2 cup mayonnaise
- 1 teaspoon olive oil
- Juice from one lime
- 1/4 of a large head of romaine lettuce, roughly chopped, tough ends removed
- 1 cup cilantro leaves
- 3 whole green onions, roughly chopped, roots removed
- Salt to taste

Instructions for Adults

Assist with safe assembly of food processor or blender.

Instructions for Kids

Combine all of the ingredients in a food processor or blender until well blended and creamy.

Tip: Use this as a dip with veggie slices, or as a sauce on tacos and sandwiches.

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