

FOR IMMEDIATE RELEASE

CONTACT: Sidney Burt

916-541-2396

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**Spring Farmers Market Hosted by Food Literacy Center Provides Produce for Kids
*Students Will Receive a Bag of Fresh Groceries to Practice Food Literacy During Shelter-in-Place***

Sacramento, CA – The Spring Farmers Market, hosted by Food Literacy Center, will take place on Wednesday, May 27 at a South Sacramento elementary school in the Sacramento City Unified School District. The Spring Farmers Market, in partnership with Nugget Markets, will offer Food Literacy Center students the chance to take home an assortment of fresh fruits and vegetables during Sacramento’s mandatory shelter in place. Additional support for the event will be provided by Sacramento City Councilmember, Jay Schenirer.

This year, the Spring Farmers Market will provide students with fruits and vegetables to take home for their families. While 58% of Sacramento students rely on free/reduced lunch programs, the produce provided is critical for each family during the COVID-19 pandemic. Along with the bag of groceries, each student will receive a Science Technology Engineering and Math (STEM) recipe and cooking kit for educational and fun learning opportunities at home.

Food Literacy education is very valuable to Sacramento students. Only 4% of kids eat enough fruits and veggies while 40% of Sacramento kids struggle with obesity. Food Literacy Center provides the skills kids need to make healthy, educated food choices.

Although schools are not currently in-session, Food Literacy Center will implement social distancing practices. Students and their families will receive a prepared produce bag for pickup during the Spring Farmers Market rather than the traditional opportunity to shop.

Support Their Work

[Donate now](#) to help Food Literacy Center continue to provide fresh veggies and food literacy education to Sacramento students in low-income schools.

ABOUT FOOD LITERACY CENTER

Food Literacy Center is a nonprofit 501(c)(3) established in 2011 in Sacramento, California, with the mission of inspiring kids to eat their vegetables. The organization provides cooking and nutrition education to children in low-income elementary schools throughout the Sacramento City Unified School District to improve health, economy and the environment. For more information about Food Literacy Center, visit <http://www.foodliteracycenter.org/>.

