

Shor Nakhod Supply List

General

Recipe

Aprons

Handwashing towel

Cooking

Large mixing bowl

Mixing spoon or spatula

Measuring cups & spoons

Strainer for chickpeas

Pot

Ladle or slotted spoon

Fork

Peeler

Blender

Food & Produce

Cilantro

Garlic cloves

White vinegar

Salt

Chili (optional)

Can chickpeas

Boiled potatoes

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Aprons

Handwashing towel

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Mixing spoon or spatula

Measuring cups & spoons

Strainer for chickpeas

Pot

Ladle or slotted spoon

Fork

Peeler

Blender

Food & Produce

Cilantro

Garlic cloves

White vinegar

Salt

Chili (optional)

Can chickpeas

Boiled potatoes

Afghan Salata Supply List

General

Recipe

Aprons

Handwashing towel

Cooking

Large mixing bowl

Mixing spoon

Cutting mats or cutting boards

Chef knives or plastic kid knife

Measuring cups

Juicer

Saran wrap or kitchen towel to cover

Food & Produce

Red onion

Tomatoes

Cucumber

Cilantro

Lime

Fresh mint leaves

Salt