



Teaching about Seeds at School

What better way to teach kids about planting seeds than to show & tell? Kids will get to see and touch seeds, and be reminded that fruits and vegetables start off as seeds.

Bring packets of seeds and place them on plates. Have them work in groups to identify the seeds. When the lesson is done, kids can make their own biodegradable cups to bring seeds home! They can plant the seeds in their home garden or pots with their families.

Green & Easy Trick to Plant Seeds

Supplies Needed:

- Old newspaper torn in vertical strips
- Empty aluminum can (soda pop, whatever you have)
- Potting soil
- Hand trowel
- Seeds

Instructions:



1. Take a strip of newspaper. Lay it on a flat surface.



2. Set an aluminum can at one end of the newspaper, leaving about 2 inches of newspaper free. Wrap the newspaper around the can by rolling it tightly.



3. Turn the can upside down so that the newspaper side is facing up. Gather the loose ends of the newspaper and pinch/fold them inward, sealing off the can. You now have a sealed newspaper container.



4. Gently remove your newspaper container from the aluminum can. Turn it upright so the open end faces up. You now have a tiny seed cup.

5. Using a hand trowel, fill your seed cup with potting soil. Poke a hole in the middle, place a seed in the hole, and then cover the seed with potting soil.

6. Plant your newspaper planter directly in the ground (or in a pot). It will decompose naturally.