



# List of Supplies Needed

## Carrot Top Pesto Recipe

### General

- Recipe

### Cooking

- Cutting board or cutting mat
- Plastic or butter knife
- Measuring cups
- Measuring spoons
- Grater
- Food chopper (optional)
- Juicer (optional)
- Food processor

### Food & Produce

- Carrot top greens
- Garlic
- Basil leaves
- Unsalted sunflower seeds (raw or roasted)
- Parmesan cheese
- Olive oil
- Lemon
- Salt
- Pepper

Find detailed lesson plans, printable recipes & more at:

[foodliteracycenter.org/recipes](https://www.foodliteracycenter.org/recipes)

