



List of Supplies Needed

Bean Dip Recipe

General

- Recipe

Find detailed lesson plans, printable recipes & more at:

[foodliteracycenter.org/recipes](https://www.foodliteracycenter.org/recipes)

Cooking

- Cutting mat/board
- Plastic/butter knife
- Measuring cups & spoons
- Can opener
- Small bowl
- Spoon

Food & Produce

- Refried beans or Black Bean Puree
- Salsa
- Ground cumin
- Green onion

