



List of Supplies Needed

Healthy Halloween Treat Recipe

General

- Recipe

Find detailed lesson plans, printable recipes & more at:

[foodliteracycenter.org/recipes](https://www.foodliteracycenter.org/recipes)

Cooking

- Measuring cups & spoons
- Food processor
- Spatula
- 8x8 inch baking pan
- Knife / Butter knife
- Cookie cutters (optional)

Food & Produce

- Almonds or raw sunflower seeds
- Shredded unsweetened coconut
- Almond butter or sunbutter
- Dates
- Oat bran
- Cocoa powder
- Cane sugar
- Honey
- Vegetable oil

